



nymph archetype



establis co.



profile

Play Types:

Rough and Tumble
Communication
Play
Role Play

Fun Types:

Exploration
Discovery
Humor
Surprise
Free-Spirited



Descriptors:

Charming
Daring
Bold
Clever
Out-Going

Type 1.5 Fun:

funmost of the time but at
some juncture will suck,
overall a good experience.

Type 2 Fun:

sucks the entire time but
you are willing to weather
it since it will build
character

Type 3 Fun:

is never fun when you are
doing it and you usually
pledge to never do it
again.



Nymphs are generally regarded as supernatural beings that are associated with the elements. Nymphs are divine spirits who animate nature, nymphs have been closely associated or even confused with fairies. Nymphs are bold and forces of nature.

If you embody the Nymph play archetype you may find yourself being described as **charming, daring, bold, clever, or out-going**.

When leaning into the types of fun, you are the type of person who may accidentally wander into danger while trying to have a good time! You like the challenge of a situation, it makes you feel alive, and that is what fun is for you!

Nymphs partake in **rough and tumble, communication, and role types of play**. Rough and tumble play is play that is about gauging relative strength through close encounter play. It is all about discovering physical flexibility and exhilaration of display and it is a positive experience that burns up a lot of energy. Communication play is using words, and gestures to engage like telling jokes, stories, acting, etc. Role play is exploring the ways of being in a way that is not intensely personal, social, domestic, or interpersonal nature, examples may include sweeping, calling someone, etc.

Fun for Nymphs is exploration, discovery, surprise, and humor. You are the type of person that is willing to go the distance and see how far you will get. You are not afraid to test boundaries. You are always looking for adventure that will lead to discovery. You find joy in the unexpected. Being free-spirited and playful is a large part of your energy. You have a sense of humor that is unique to you alone and you find joy through physical sensation like sound, smell, movement, etc.



Below you will find some activities that will help you lean into play based on your type.

- Getting your body moving and testing your physical capabilities is going to excite you and be fun for you! Taking fitness classes, signing up for races, trying new physical activities, are all great ways for you to connect with fun and play.
- Allowing yourself to do things without an agenda is going to be helpful for you to lean into fun and play! Travel to a new city for the day, go to a new park, allow yourself to have fun without an agenda and explore and feed your need for discovery.
- Take on different roles and try new things! Like volunteering/shadowing a position you think you may like, taking on extra responsibility at home or work, anything that allows you to step into a new role and move through it, so you can determine if it is something you would like to continue.
- Finding ways to incorporate your free-spirited and playful energy into your time alone is going to help you be more secure in what is truly fun for you. You can feed off of the energy of others when you are going out to have fun, so incorporating extra fun and free energy into your alone time will help you lean into your fun style the most.
- You are able to thrive in any situation but that doesn't mean you have to! You're ability to continuously be outgoing, charming, and FUN can be draining, truly leaning into fun is going to be knowing when you also need to rest.

strategy tips

Below you will find some activities that will help you lean into play in your business/strategy based on your type.

- You are not afraid to have a polarizing opinion and this can be so useful in your business! Don't be afraid to speak your truth and take a stance, it will be that out-going energy that makes you magnetizing.
- Utilizing your playful and charming energy through video is going to help your audience get a feel for who you are and help them relate to you! Video is going to be a strong suit for you, and really utilizing that natural talent will be important for your business.
- Taking your community on the adventures you go on is a great way to help inspire both you and your community to find joy in the unexpected. Your ability to make things fun and envelope your audience in that energy is going to be helpful for your strategy.
- You are not afraid to be bold! Having a bold marketing strategy (posting, graphic design, writing style, brand statement, etc) is going to help accentuate exactly what makes you unique.
- Making sure that you are filling up your own cup everyday is going to be the BEST business strategy for you because you will be able to draw from that energy throughout the day. Just because you are out-going and bold doesn't mean you can continuously run on that energy without filling up your own cup.